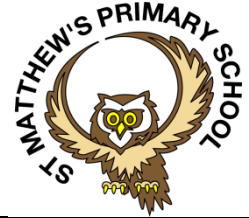




## PE and Sport Premium Impact Review



<b>Academic Year:</b>	2023 - 2024
<b>Total Funding Allocation:</b>	£22,870
<b>Actual Funding Spent:</b>	£22,870

Indicator 1: The engagement of all pupils in regular physical activity – the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school				
Key Actions taken	Actual Outcomes	Actual Cost	Impact (school, staff, pupils) with Evidence	Sustainability/next steps
Support Staff club cover	Staff that were outside of the PE team helped with morning and after school clubs when there was not enough PE team staff available.	£1,325	Children did not miss out on these clubs and were able to continue to remain physically active and achieve the Chief Medical Officer's guidelines regarding physical activity.	The staff that helped out are happy to help out the PE team when required and can be called upon in the future.
Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement				
Key Actions taken	Actual Outcomes	Actual Cost	Impact (school, staff, pupils) with Evidence	Sustainability/next steps
Young Leaders Programme: Children from year 5 work with a PE team member each week to think of and then lead sporting activities for KS1 children during their lunchtime.	Various children have had an opportunity to be a young leader throughout the academic year.  Young Leaders have delivered their favourite games with the younger children.	£0	PE Apprentice Weeks were set up throughout the year where Young Leaders would come into PE lessons and help out the PE team.  Other staff members commented on how enthusiastic and helpful the young leaders were in supporting the children in the lesson.	The skills acquired through being a young leader are used in everyday life.  Young Leaders are happy to share their experiences with the new cohort of young leaders and help them into the new role.
SPARTS week:	Children were able to take part in unique activities such as:	£1,080	Children were given the opportunity to take part in new sports and activities	The week was run within the school grounds. SPARTS

<p>A week dedicated to delivering different sports and arts activities from different cultures and parts of the world.</p>	<ul style="list-style-type: none"> <li>- Lacrosse</li> <li>- Scooting</li> <li>- Boccia</li> <li>- Kurling</li> </ul>		<p>and be involved in a whole day promoting sports and arts. Children see activity not just through sport but through arts too.</p>	<p>week is now a yearly tradition within the school timetable.</p>
<p>Booster swimming lessons for yr3 and yr5</p>	<p>Year 3 and 5 children continue to get three years of swimming lessons including their year 4 curriculum lessons. Lessons continue to be spread out to avoid past situations where children would swim in year 4 and never swim again. The format of 6-7 45 minute sessions per year has helped us put a structure in place for swimming.</p>	<p>£3,504</p>	<p>Children are continuing to learn and apply a range of swimming strokes effectively. This means children are gaining competence, confidence and proficiency in their swimming.</p>	<p>Children are able to take in the swimming skills they have learnt and progress as they go up the years. Swimming is a vital life skill that the school recognises and values how important it is for children to feel safe and comfortable in and around water.</p>
<p>Charity Days (Comic Relief and Children In Need)</p>	<p>To celebrate these two events, the school did:</p> <ul style="list-style-type: none"> <li>- Fun Runs</li> <li>- Bake Sales</li> <li>- Red Nose Day activities</li> <li>- Food donations</li> <li>- Fun runs</li> </ul>	<p>£0</p>	<p>The fun runs promoted fitness not just for the children but for the staff too that joined in.</p> <p>The food donations and bake sale helped strengthen the school's relationship with the wider community and the surrounding area.</p>	<p>Fun runs continue to be a big success for the school so are able to continue.</p> <p>Continuing to raise money for charity or giving food donations is important to the school so events such as these can continue to be promoted.</p>
<p>Active Travel week</p>	<p>A week where the school encouraged the children to either cycle, scoot or walk to school. The overall aim of the week was to highlight that sustainable travel benefits our health, the environment, and also is a way to improve the safety of the roads around the school by reducing the number of vehicles on it.</p>	<p>£0</p>	<p>Each class got given a score card where they would fill in how they got to school on each day. If they got to school by either cycling, scooting or walking, they would score a point that would be tallied at the end of the week.</p> <p>The high number of overall points scored throughout the school shows that children were actively traveling to school throughout this week. This was evident through the sheer amount of bikes and scooters on the school premises.</p>	<p>The week cost the school no money.</p> <p>The school has built on previous years' active travel days and will continue to promote active travel in such a way.</p>

			<p>Active travel surveys were also carried out asking children how they usually travel to school and their preferred way of getting to school. Results of the surveys were positive with walking being the top mode of transport with 67.79% and the most preferred with 37.05%.</p> <p>76.42% of school's journeys are active.</p> <p>Members of the school's eco team stood outside the front gates with road safety signs encouraging cars to drive slowly and safely as well as park away from the school. This had the desired impact with cars adhering to the signs.</p>	
National Fitness Day	Whole school day event where children took part in a range of activities showing how fitness can be included in everyone's day to day lives.	£0	<p>Teachers were given a list of short activities that they could use to actively break up their lessons or to include within their teaching.</p> <p>Also, a national fitness day workout video led by a member of the PE staff was accessible to teachers to show their children so they could showcase their fitness levels.</p> <p>KS1 and KS2 pupils also had the opportunity to obtain knowledge of sport and fitness through clip frame activities. Children would go round the school and find the answers to a series of questions they were given.</p> <p>The day ended with an active national fitness day quiz where children answered sport related questions but also incorporated an element of fitness</p>	<p>The activities offered on national fitness day did not cost the school any money.</p> <p>The event can be run again next year and beyond.</p>

			into it as children had to run to get their answers submitted.	
Rugby week	Inter class rugby games for each year group in KS2 at People's Park across a week.	£0	Children were able to implement all the skills that they had learnt in their rugby PE lessons that term into practice in a game setting.	As the week was successful, the school is able to run this or similar themed weeks again with no cost involved.
<b>Indicator 3: Increased confidence, knowledge and skills of all staff in teaching Physical Education and sport</b>				
Key Actions taken	Actual Outcomes	Actual Cost	Impact (school, staff, pupils) with Evidence	Sustainability/next steps
Courses for PE staff	<p>One member of the PE team completed a stormbreak course. The Stormbreak organization is a registered charity that works alongside trusted adults to support children's mental health and wellbeing through short movement based activities.</p> <p>One member of the PE team also went to an Active Education PE Coordinators Meeting. This included information such as the most up to date sporting policies, health and wellbeing and swimming information etc.</p>	£350	<p>The PE team member that completed the stormbreak course has used these 'stormbreaks' in their PE intervention groups and seen the benefits that they have had for the children's mental health and wellbeing. Information and ideas gained from the stormbreak course have been shared with the rest of the PE team as well as other school staff to ensure such 'stormbreaks' are available to all children.</p> <p>The PE team member that attended the meeting has gained further knowledge in their field and has been able to pass on this information to the rest of the PE team.</p>	<p>'Stormbreaks' can continue to be used in the school to further aid children's mental health and wellbeing. As information about 'stormbreaks' has been passed on amongst staff, this means more staff are aware of their aims and the benefits of it.</p> <p>Meetings such as the one attended are valuable tools for staff learning so future meetings will remain a priority.</p>
Sports conference x2 staff	X2 members of the PE team spent the day at a sports conference, networking with fellow teachers and sharing different ideas and successes as a group.	£0	The staff who attended the conference were able to feed back to the rest of their team what they had learnt from the conference and be in a position to present new ideas and opportunities for the school.	The PE department has a continuing network with other schools from Luton that share common goals. 3 times a year we meet and use the time to initiate concepts to support the teaching and learning of PE in each school. Also how we can share equipment as schools and compete

				against each other through inter school festivals is discussed.
Outside agency teaching dance	Dance lessons for children in years 2 and 4 whilst PE staff and class staff are present.	£3,300	Children are receiving high standards of dance lessons. The school is raising the profile of dance and the skills acquired from lessons are not only used in lessons but also other areas of school too such as performances.	PE staff are now more aware of dance and are now confident enough to deliver dance lessons when the external dance teachers are not in school.  Children are also made aware of further dance opportunities in the surrounding area.
PE uniform/kit for staff	Purchase of sport clothing for PE team to wear with school badge embroidered on.	£1,349	Children and staff recognise clearly throughout the school members of staff that are in the PE team.  Raises the profile of the PE team and adds a level of professionalism.  Children are able to recognise the PE team at sporting competitions/events clearly and other schools/event organisers can too.	PE team will continue to wear this clothing when delivering their PE lessons and at at sporting competitions/events
<b>Indicator 4: Broader experience of a range of sports and activities offered to all pupils</b>				
Key Actions taken	Actual Outcomes	Actual Cost	Impact (school, staff, pupils) with Evidence	Sustainability/next steps
Sports hall hire for community basketball	Children are able to access basketball coaching after 5pm during term time through an evening club.	£1,914	Pupils are given further opportunities to remain active outside of school hours and a safe place to be.	Even when children leave St Matthews, they can continue to access this club once they move up to Year 7.  The PE team delivers these sessions and it is within their weekly hours for clubs.

Indicator 5: Increased participation in competitive sport				
Key Actions taken	Actual Outcomes	Actual Cost	Impact (school, staff, pupils) with Evidence	Sustainability/next steps
School games affiliation fee		£395		
Coach hire	Coaches booked to enable children to go to sporting competitions and fixtures.  Also for swimming lessons.	£6,150	The school has been able to attend a number of sporting events and competitions/fixtures.  Children have been able to represent the school and have gained skills such as confidence and teamwork as a result of this. The school has been able to raise their profile and relationship with other schools due to our continued participation at events.	The school is committed to providing opportunities for all children regardless of ability levels so will continue to enter competitions and events as much as possible.  Coach hire is monitored to see if it is worth hiring a coach or if the event can be accessible via walking.
New equipment/repairs	The purchase of new equipment and regular repairs of existing equipment enables the PE team to deliver lessons with the correct equipment available and in a safe condition.  It allows the PE team to deliver PE lessons to the best of their availability as the equipment is available to maximize their lessons.	£3,500	Children are able to experience new opportunities within their PE lessons as more equipment is available for them to use.  Children chosen to represent the school in sporting competition have felt prepared for them as they have had the opportunity to practice beforehand due to the quantity of equipment available for them to use to aid their practice.	The school is committed to safe practice so equipment will continue to be regularly checked to ensure children and staff are safe in PE lessons.  The PE team will continue to discuss regularly if new equipment purchases are necessary to aid lesson delivery.
Inter class competitions	Lunchtime competitions e.g. football matches between classes are providing children the chance to be involved in friendly but also competitive games between peers.  This is also done through PE lessons.	£0	Children feel part of the team within their class as a result of the competition between classes.  Children feel motivated to take part and have increased opportunities to be active in competitions.	Children take part for individual and group pride instead of for award purposes.  No cost for the school.

## Meeting National Curriculum Requirements for Swimming and Water Safety

The pupil outcomes of the statements below <u>must</u> be reported on the school website for the current Year 6 cohort	
What percentage of Year 6 pupils can swim competently, confidently and proficiently over a distance of at <b>least 25 meters</b> ?	10.8%
What percentage of Year 6 pupils can use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	6%
What percentage of Year 6 pupils can perform safe self-rescue in different water-based situations	10.8%