

Safeguarding Newsletter

To all of our families

Welcome to our Autumn Term Safeguarding Newsletter.

Our first priority is to keep children safe.

There are safeguarding notices around the school to remind staff and visitors of the key message that 'Safeguarding is everyone's responsibility'

Mental Health Awareness

It is never too early or too late to start thinking about children's mental health and how as adults we have a hugely important role in helping them to develop their ability to cope with life's changes and challenges as they grow. Lots of general advice and support can be found online such as YoungMinds, a charity which offers free confidential online and telephone support to anyone worried about the emotional and mental wellbeing of a child or young person up to the age of 25.

www.youngminds.org.uk

Year 6 Identity Workshops

At the end of October, our Year 6 children attended workshops with an organisation called 'Me and You Education'. They worked with children to promote fundamental British values and how to safeguard themselves from the risk of extremism.

The children were asked to give feedback at the end of the session. One question posed to the children was "What was the most important thing you learnt today". One child's feedback was "that it doesn't matter what religion or what skin colour you have, it doesn't mean that you can't still be friends"

APP ALERT!!

The following app is rated as 13+, Tik Tok – which used to be called Musical.ly. It is a social networking app that young people can use to generate and share their own short videos and lip sync to popular audio clips. The app allows users to create and upload videos and to view and comment on videos created by other users. The app allows users to create videos using current and popular music; therefore some of the songs may contain explicit swear words, sexual content and references that may be inappropriate for young users.

Some children at St Matthew's have reported that they have experienced some inappropriate content themselves.

Please be vigilant in checking your children's apps and the content.

Parental Controls

Innocent searches online can lead to not so innocent results. Parental control can help keep your child safe.

Visit bit.ly/parentalcontrolsathome for advice on setting up parental controls.

Parents Workshop

If parents would like additional support or guidance around e-safety, school could organise a session during the day or evening. If you are interested please contact our school's Safeguarding Manager, Miss Gonsalves



NSPCC TM
HELPLINE
0808 800 5000
help@nspcc.org.uk

Luton
Safeguarding
Children
Board 

YOUNGMINDS

The voice for young people's mental health and wellbeing

childline

ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111

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[.co.uk](http://www.thinkuknow.co.uk) 



**UK Safer
Internet
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Worried about something
you've seen online?

CLICK TO REPORT IT!



Safeguarding Our Children